

INGREDIENTS FOR SPIRITUAL GROWTH

Hebrews 10:24-25

THE TRUTH ABOUT GROWTH

4 Ingredients for Spiritual Growth

- ❶ THE HOLY SPIRIT - PROVIDES POWER & MOTIVATION.
(Philippians 2:13)

- ❷ THE BIBLE - PROVIDES GUIDANCE & PERSPECTIVE.
(Psalm 119:105)

- ❸ THE ACT OF SERVING - PROVIDES HUMILITY & MATURITY.
(Ephesians 4:11-16)

- ❹ OTHER CHRISTIANS - PROVIDE SUPPORT & ACCOUNTABILITY.
(Hebrews 10:24-25)

LIVE BETTER - GET CONNECTED

You live better when...

- ❶ OTHERS ARE WATCHING

- ❷ YOU ARE YOURSELF

- ❸ WISDOM IS AVAILABLE

- ❹ ENCOURAGEMENT IS RECEIVED

Ingredients for Spiritual Growth... Message by Pastor Jesse Elizondo. - (9/6/15).

REALife Application

QUICK REVIEW - Use the following questions this week to reflect on what it would mean to align yourself with the truths taught in Scripture. Each question is meant for both personal reflection and as a catalyst for discussion with your family, friends, or REALife Group.

1. This weekend we saw that the Holy Spirit provides both power and motivation according to Phil 2:13, share with the group an example when you felt that God gave you the desire or motivation to do what He had called you to do.

2. Read Exodus 20:1-7 and compare it to Jeremiah 31:31-34 & Ezekiel 36:25-27, what is the difference between the way God used to relate to His people versus the way that he now relates to us?

3. There are over 30 “one another” commands in the New Testament that are hard or nearly impossible to fulfill in a large group setting or by yourself. Here are a few of them. After reading each verse below, identify the “one another” command in each one

John 13:34-35

Ephesians 4:32

Romans 12:10

Ephesians 5:21

Romans 12:16

Colossians 3:9

Romans 14:13

1 Thessalonians 5:15

Romans 15:7

Hebrews 3:13

Romans 15:14

Hebrews 10:24

Colossians 3:16

Hebrews 10:25

1 Corinthians 12:25

James 4:11

Galatians 5:13

James 5:16

4. This weekend we saw that one of the key ingredients for spiritual growth is the Holy Spirit. A potential hindrance to His power and motivation working in our lives is the sinful and self-centered nature we are all born with. Galatians 5:16-26 describes the conflict between the two.

What contrasting behaviors characterize the Spirit and the sinful nature? How do these behaviors correspond to the “one anothers” listed above?

What does this passage say about what the believer’s responsibility is for living in the Spirit?

INGREDIENTS FOR SPIRITUAL GROWTH

Hebrews 10:24-25

THE TRUTH ABOUT GROWTH

You live better when...

❶ THE _____ - PROVIDES _____ & _____.

(Philippians 2:13)

❷ THE _____ - PROVIDES _____ & _____.

(Psalm 119:105)

❸ THE _____ - PROVIDES _____ & _____.

(Ephesians 4:11-16)

❹ OTHER _____ - PROVIDE _____ & _____.

(Hebrews 10:24-25)

LIVE BETTER - GET CONNECTED

We live better when...

❶ OTHERS ARE _____

❷ YOU ARE _____

❸ _____ IS AVAILABLE

❹ _____ IS RECEIVED

Ingredients for Spiritual Growth... Message by Pastor Jesse Elizondo. - (9/6/15).

REALife Application

QUICK REVIEW - Use the following questions this week to reflect on what it would mean to align yourself with the truths taught in Scripture. Each question is meant for both personal reflection and as a catalyst for discussion with your family, friends, or REALife Group.

1. This weekend we saw that the Holy Spirit provides both power and motivation according to Phil 2:13, share with the group an example when you felt that God gave you the desire or motivation to do what He had called you to do.

2. Read Exodus 20:1-7 and compare it to Jeremiah 31:31-34 & Ezekiel 36:25-27, what is the difference between the way God used to relate to His people versus the way that he now relates to us?

3. There are over 30 "one another" commands in the New Testament that are hard or nearly impossible to fulfill in a large group setting or by yourself. Here are a few of them. After reading each verse below, identify the "one another" command in each one

John 13:34-35

Ephesians 4:32

Romans 12:10

Ephesians 5:21

Romans 12:16

Colossians 3:9

Romans 14:13

1 Thessalonians 5:15

Romans 15:7

Hebrews 3:13

Romans 15:14

Hebrews 10:24

Colossians 3:16

Hebrews 10:25

1 Corinthians 12:25

James 4:11

Galatians 5:13

James 5:16

4. This weekend we saw that one of the key ingredients for spiritual growth is the Holy Spirit. A potential hindrance to His power and motivation working in our lives is the sinful and self-centered nature we are all born with. Galatians 5:16-26 describes the conflict between the two.

What contrasting behaviors characterize the Spirit and the sinful nature? How do these behaviors correspond to the "one anothers" listed above?

What does this passage say about what the believer's responsibility is for living in the Spirit?